

These lessons have been identified by the Pol-Ed team to help support educational settings when teaching about exploitation and grooming.

EYFS

- How can adults at school help me?
- Who are the police and how do they help us?

Year 1

- What if my friends are making me feel sad?
- How can I speak up?
- Who are my trusted adults?
- How can I keep safe in new places?
- What do the police do?

Year 2

- Why are relationships important?
- How can I keep safe online?
- What are different types of meetings?
- What are private body parts?
- What is the internet?
- How can I deal with change?

Year 3

- What do we mean by consent in friendships?
- When should I break a secret?

Year 4

- What is a healthy friendship?
- What is peer influence?
- Who do I encounter?
- How can I keep safe in my local area?

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Year 5

- What is peer pressure?
- What are my personal boundaries?
- What are online friendships?
- What is grooming?
- What can and can't I do on the internet?

Year 6

- Why does media have age restrictions?

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