








These lessons have been identified by the Pol-Ed team to help support educational settings when teaching about exploitation and grooming.







EYFS

-  How can adults at school help me?
-  Who are the police and how do they help us?



Year 1

-  What if my friends are making me feel sad?
-  How can I speak up?
-  Who are my trusted adults?
-  How can I keep safe in new places?
-  What do the police do?





Year 2

-  Why are relationships important?
-  How can I keep safe online?
-  What are different types of meetings?
-  What are private body parts?
-  What is the internet?
-  How can I deal with change?

Year 3

-  What do we mean by consent in friendships?
-  When should I break a secret?

Year 4

-  What is a healthy friendship?
-  What is peer influence?
-  Who do I encounter?
-  How can I keep safe in my local area?

Relationships

Keeping Safe

Understanding
The Law

Well Being



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Year 5

-  What is peer pressure?
-  What are my personal boundaries?
-  What are online friendships?
-  What is grooming?
-  What can and can't I do on the internet?

Year 6

-  Why does media have age restrictions?

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