

The SAFEGUARDING TIMES August 2023



Sexual Health Week: 11th to 17th September 2023

Do you know that the theme for this years sexual health week is *'Playing it Safe'*? Being safe means understanding consent, healthy relationships, and pleasure. It also means providing relationships and sex education (RSE) that gives young people the tools to navigate the world safely both online and offline.

To access further information please click on the following link: Playing it Safe



Dogs & Children Living Safely Together

Are you aware of that the Dogs Trust offer a masterclass for parents/carers on children and dogs living safely together? Children and dogs can have lots of fun together, but any situation can quickly change and become unsafe. Dogs Trust offer advice and resources in various languages, to ensure children can live safely with dogs.

To access further information please click on the following links: CAPT / Dogs Trust



Tech and Kids

Do you keep up to date with changing technologies and know how it affects children? From artificial intelligence to the metaverse, there seems to always be a new way to engage online.

To access further information please click on the following link: **Digital Futures**



Save Me

Have you accessed any of the free resources from Safeguarding Enfield which provides advice for children & young people in relation to contextual safeguarding? The latest 'Save Me' film and handbook are available for free and can be accessed now.

To access the film and resources please click on the following link: Save Me



Young People Vaping

Do you know that in March/April 2023 the proportion of children experimenting with vaping had grown by 50% year on year, from one in thirteen to one in nine? Most e-cigarettes contain nicotine, which is highly addictive especially for young people. To access this latest fact sheet from ASH and further information please click on the following links: <u>ASH</u> / <u>Kids Health</u>



Young Peoples Voice on Mental Health

Have you checked out the latest report from Young Minds on mental health, society and inequality? This report shines a light on the young people's mental health crisis. It brings together the voices of tens of thousands of young people who shared their experiences of the world around them.

To access the report please click on the following link: **Young Minds**



Domestic Abuse Support in the Workplace

Are you aware that by supporting colleagues who may experience domestic abuse you could be helping to keep children safe? The NSPCC podcast features experts from the NSPCC Helpline and looks at what professionals can do to support and safeguard colleagues who experience domestic abuse.

Twitter: #HSSCP1

To access the podcast please click on the following link: **NSPCC**

Find lots more on the HSSCP Website: https://hsscp.co.uk/



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Believe in children

Barnardo's

Invisible Children

Have you read the latest research from Barnardos on Invisible Children? New research published by Barnardo's argues that children at risk of sexual and criminal exploitation are not being identified and supported effectively during school holiday periods.

For further information please click on the following links: **Barnardos**



Impact of Paternal Perinatal Stress on Infants/Children

Have you listened to the recently published podcast from The Association for Child and Adolescent Mental Health (ACAMH) which looks at the impact of paternal perinatal stress on children's emotional wellbeing?

To access the podcast please click on the following link: ACAMH



Impact of Covid pandemic on Children's Mental Health

Are you aware that The Institute for Fiscal Studies and University College London have published a study on the impact of the Covid-19 pandemic on the mental health of school-age children in England?

To access the report please click on the following link: IIFS



Neglect: Learning from Case Reviews:

Have you considered the latest learning from case reviews? To access the latest case reviews for August 2023 from NSPCC please click on the following link **NSPCC**

To access case reviews from a wide range of types of abuse please click on the following link: **NSPCC**



Tees Procedures

Have you checked out the latest procedure updates on the Tees Safeguarding Children Procedures website?

To access all the latest Tees safeguarding children procedures please click on the following link: https://www.teescpp.org.uk/



HSSCP Resources & Learning Opportunities

Are you aware that the latest HSSCP safeguarding children training programme for 2023-2024 is now available? HSSCP also has a wide range of safeguarding resources available in the professionals section of their website too.

For further information please click on the following link: <u>HSSCP</u> Information relating to the latest LSCPR's can be found at <u>LSCPR's</u>



TSAB Newsletter

Have you checked out the latest safeguarding adults newsletter produced by the Tees Safeguarding Adults Board (TSAB)?

To access all the TSAB newsletters please click on the following link: TSAB

Information on the latest safeguarding adults reviews can be found at: **SAR's**